WELCOME TO THE MIDLOTHIAN FAMILY YMCA OUTDOOR POOL!

We are so happy you have chosen to join our outdoor aquatic facility this year and we are looking forward to sharing an exciting summer with you. This packet includes important information regarding outdoor pool hours, rules, and general operations. Please take the time to read through and share this information with your family!

We have been busy planning an exciting summer of activities: Memorial Day, Independence Day, and Labor Day events, swim team and some awesome family events! The Member Service Desk has further information on all of these great programs; please let them know if you have any questions!

Our commitment is to provide you and your family a safe and fun-filled family experience at our outdoor pool. Should you have any questions please don’t hesitate to contact Tyler Bradshaw, Aquatics Director at 419-8548 or Sue Van Winkle, Member Services Director at 419-8545.

On behalf of all of us at the Midlothian Family YMCA, we look forward to a wonderful summer full of activities for you and your family.

Thank you for joining our YMCA!

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GENERAL POOL INFORMATION & POLICIES

FACILITY PHONE NUMBER: (804) 379-5668

A current outdoor pool membership is required for entrance into the pool area. Members must properly check in with the pool greeter each time, even if you have already scanned in at our indoor facility.

THE OUTDOOR AQUATIC CENTER IS OPEN FROM SATURDAY, MAY 28th THROUGH MONDAY, SEPTEMBER 5th.

POOL HOURS:
Daily 11:30 a.m. - 8:00 p.m.

Holiday Pool Hours
Memorial Day 11:30 a.m. – 7:00 p.m.
Independence Day 11:30 a.m. – 7:00 p.m.
Labor Day 11:30 a.m. – 7:00 p.m.

Access
Membership Cards must be presented each time you wish to gain entry to the pool. This policy will be strictly enforced. **Any member who allows a non-member to use his/her card to gain access to the pool will forfeit their membership.** Please report all lost or stolen cards to the gatehouse.

Guest Policy
There is a $5.00 guest fee for all guests. Children age 3 and under are free. All major credit and debit cards will be accepted in payment for these fees. All guests must be properly signed in on the guest registry with the Gatehouse Greeter.

Members must be present at all times while a guest is utilizing the facility (i.e. if member must leave for any reason, the guest(s) must leave as well).

Guests passes issued to the indoor facility are not applicable at the Outdoor Pool facility.

The Midlothian YMCA is not responsible for returning guest fees when the pool closes early for any reason including inclement weather.

General Closings
The pool will close early on three days for home swim meets. The swim meet dates will be:
- Monday, June 27, 2016
- Tuesday, July 5, 2016
- Monday, July 18, 2016

Inclement Weather
The YMCA has the authority to close the pool during inclement weather. All attempts are made to keep the pool open, and "wait out a storm". However, the pool will be closed for 30 minutes after each lightning strike or clap of thunder. The lifeguards/management will clear the pool, deck, sidewalks, and playground during inclement weather.

**Snack Bar**
We are pleased to offer our members a variety of treats available for purchase at the snack bar! The snack bar is open on weekends from 1:00p.m. to 7:00 p.m. until June 20th. After June 20th the snack bar will be open daily from 1:00p.m. to 7:00 p.m.

**Lost and Found**
The YMCA is not responsible for any lost or stolen articles. Please lock cars and leave valuables in a secure location. The Lost and Found basket is at the gatehouse. All lost and found clothing, towels, etc. will be retained at the pool for one week.

**Swim Team**
A highlight of our summer pool program! Please ask the member services desk or visit our website, [www.midlothianymca.org](http://www.midlothianymca.org); or contact Tyler Bradshaw, Senior Aquatics Director at (804) 419-8548 or bradshawt@ymcarichmond.org for more information. During swim team practice all lanes in the competition pool will be closed.

**Swim Testing**
In order to ensure the safety of each swimmer, children under the age of 12 must be swim tested by Aquatic staff prior to entering the family and competition pools. Each child will receive a neckband that will designate the area of the pool they are able to swim in. Please be sure that your child wears their neckband each time they come to the pool. If a child loses their band, a replacement can be obtained from the gatehouse.

**YMCA of Greater Richmond swim test**
Swim Test: For anyone under the age of 12 who would like to go off the slides or diving board.

Jump in, tread water for 15 seconds then swim one full length of the pool (GREEN).
Jump in, tread water for 15 seconds then swim ½ length (YELLOW).
Those that do not take the swim test, or do not pass the swim test must be in a lifejacket and within arm’s reach of an adult at all times.

**GREEN BANDS** – A child can swim wherever they like without a parent in the water with them, slides and diving boards allowed.

**YELLOW BANDS** – A child can swim where they can stand (shoulders out) but need to be accompanied by a parent when swimming where they cannot. They have access to slides and diving boards as long as they are required to exit the deep water after use.

**LIFEJACKET POLICY** – A child who is unable to obtain a green or yellow band must always be supervised by an adult. Any child wearing a lifejacket must be within arm’s reach of an adult in the water at all times.

**Birthday Parties**
For your convenience, we will host your child’s birthday party at the pool. Please contact the Nancy Melzer, (804) 419-8564 or melzern@ymcarichmond.org for more information.

**Children**
Parents are responsible for the behavior and conduct of their children. Children, under the age of 12, must be accompanied and supervised by a guardian (16 years or older) at all times. Please remember, lifeguards are on duty to prevent and respond to emergencies/accidents.

**Adult Swims**
The lifeguards may call a 10-minute adult swim each hour, during peak times. During adult swims all sections of the pool including the shallow section by the steps and the slide well are closed to those under 16. Small children may sit by the side of the pool, but not in the water (this includes putting feet in the water, etc.). Adult swims allow parents a relaxing period in the pool while allowing children a break from the constant activity and exhaustion that pool play may elicit. Adult swim is an excellent opportunity to make sure small children use the restroom. Children under the age of 2 with adult supervision will be allowed in the separate baby pool during adult swims. During adult swim, swimmers MAY NOT move to the baby pools, unless they are infants or toddlers in the care of their parent.

**PLEASE DO NOT PLACE THE LIFEGUARDS IN THE POSITION OF ASKING YOU TO REMOVE YOUR CHILDREN FROM EITHER POOL DURING ADULT SWIM.**

**Pool Furniture**
While the pool has hundreds of pieces of pool furniture, there may be times during peak usage when a chair may not be available. We also ask that you be considerate of others and follow the one person – one chair rule. Please refrain from using chairs, tables, or picnic tables as “towel hangers” and “bag holders”.

**Pool Rules**
To provide for a safe pool environment for all, the following pool rules will be enforced:

- Children under the age of 12 MUST be accompanied and supervised by a guardian 16 years of age or older at all times while in the pool area.

- Only US Coast Guard approved flotation devices (lifejackets) are allowed during open swim; any participant requiring a personal flotation device MUST have a guardian within arms reach while in the pool. Lifeguards will be glad to check your flotation device to see if it is Coast Guard approved (water wings are not CG approved). **Please note this rule is strictly enforced**

- No flotation device (including those that are Coast Guard approved) will be allowed when going off the slide or diving boards.

- Parents will not be allowed to catch children from the water slide or diving boards.

- No diving in water less than 9 feet deep.

- Mask, fins, snorkels, kickboards, and pull buoys may be used ONLY by lap swimmers.

- Only approved water toys are permitted in the recreational area. Because of potential injury to others there is no throwing of hard objects such as frisbees, footballs, etc. in the pool. Toys are not permitted in the lap pool.
• No breath holding techniques ("dead man’s float") are allowed in YMCA pools, as these techniques may cause patrons to become hypoxic and lose consciousness.

• Swimmers of questionable swimming ability may be asked by a lifeguard to take a swim test if they wish to swim outside of the shallow section.

• Children must wear the “Little Swimmers” diapers under a regular bathing suit if they are not potty trained.

• Running, pushing, pulling, dunking, and general hazardous play is unacceptable and will not be permitted at the YMCA.

• Band-Aids and bandages must be removed prior to entering the pool. Persons with open sores will not be permitted to use the pools.

• Front or back flips, back dives, twisting jumps, and inwards are not allowed from the side of the pool. Swimmers must enter the water feet first.

• Only one person will be allowed in the slide area at a time. All slides MUST BE FEET FIRST AND FACE UP. Head first slides are not allowed. Once a slide is completed, the member is to exit to the side of the pool at the ladder. Then once the slide area is cleared, the next slider may begin a slide.

• Goggles may not be worn on the slide or diving board, as impact between the water and face could cause eye injury if goggles are worn.

• Proper bathing attire is required. Cut-off pants, jean shorts, cotton cover-ups, etc. are not permitted in the pool. Please use discretion when selecting bathing attire for the pool. Remember, the Y promotes a family environment for all ages.

• No food is permitted in the swimming pool (actual swimming area or pool edge).

• **ALCOHOL AND SMOKING ON YMCA PROPERTY, INCLUDING THE PARKING LOT, IS STRICKLY PROHIBITED.**

• The lifeguard has the authority to enforce all rules, restrict any behavior deemed to be unsafe or inappropriate, and to ask those not in compliance of policies to leave the pool area.

**Diving Board Rules**

• Only one person is allowed on the diving board and ladder at a time.

• Each person must wait until preceding diver has cleared the area before diving.

• All divers must dive straight off the end of the diving board.

• Divers must swim directly to the nearest ladder and exit the pool.
• Only one bounce is permitted on the diving board.

• Cartwheels, handstands, inwards and reverses are prohibited.

• Goggles and flotation devices may not be worn when using the board.

• Running, pushing, causing undue disturbance, or other dangerous conduct is prohibited at all times in the diving board area.

Rules and policies may change without notice to ensure the safety and comfort of all members. Rule changes will be posted at the gate house.

**The YMCA reserves the right to suspend or expel any individual who violates the pool rules/policies.**

Thank you for reading this packet and have a great summer at the YMCA Outdoor Pool!

Tyler Bradshaw
Aquatics Director II