

2024 ANNUAL GIVING

JOHN ROLFE FAMILY YMCA

YOUTH DEVELOPMENT

The John Rolfe Family YMCA will **ENHANCE EDUCATIONAL OPPORTUNITIES** for our youth.

AFTER-SCHOOL PROGRAMS provide tutoring programs that utilize trained volunteers providing learning support in reading and math for 50 students from Pinchbeck, Gayton, and Carver Elementary Schools. Students also receive social-emotional development and quality afterschool care, and enrichment activities like free swim lessons and summer camp. Students are also provided the opportunity to explore STEAM programs, including Lego Robotics, STEAMPower! and Dance.

SUMMER DAY CAMP at Camp Tuckahoe offers our John Rolfe youth active social engagement, swimming and water safety and outdoor exploration for 180 children per week each summer.

HEALTHY LIVING

The John Rolfe Family YMCA will **ADVANCE WHOLE HEALTH AND SUPPORT DROWNING PREVENTION.**

THE MOVING FORWARD PEDIATRIC CANCER survivorship program helps 15 youth regain their strength, endurance and confidence after cancer through weekly one-on-one personal training sessions. To support the health and wellness of family members, the Y provides a family membership and summer camp experiences for siblings.

THE PARKINSON'S MOVEMENT PROGRAM brings individuals with Parkinson's disease and their caregivers together weekly to improve agility, balance and strength and to socialize and support one another. The program is led by expert staff and will serve over 50 people.

SOCIAL RESPONSIBILITY

The John Rolfe Family YMCA will **PROMOTE EQUITY IN OUR COMMUNITIES.**

\$86,000 IN FINANCIAL ASSISTANCE is provided to families and individuals each year to ensure equitable access to our facility, programs and services.

The John Rolfe Y will provide **MENTAL HEALTH FIRST AID** training to the community to help others developing mental health problems or experiencing a mental health crisis. We will facilitate two mental health community conversations helping people learn more about mental health issues and provide 100 mental health toolkits to help people cope with mental and behavioral health concerns.

FOOD DISTRIBUTION held monthly to support Discovery Church Food Pantry which serves the community and Ukrainian refugees.



CAMPAIGN GOAL

\$75,000

I want to make my community a better place with a gift to the Y.
SCAN TO GIVE TODAY!

