

# Age 6 Soccer Rules



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Tuckahoe YMCA  
(804) 740-9622  
www.tuckahoeymca.org

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## YMCA Soccer

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### 4v4

#### ***GAME RULES:***

- 1. Games players and participation:** Each team must field 4 players, no goalkeepers. Each player should be afforded equal playing time unless injured. While it may not be possible to give each player the same amount of time on the field each game, over the course of the season an effort should be made to play each player the same percentage of field time.
- 2. Player time:** 20 minute practice followed by Four 8-minute periods, with a 5-minute break between the 2<sup>nd</sup> and 3<sup>rd</sup> periods.
- 3. Equipment:** Size 3 ball. All players must wear shin guards. Molded cleats are optional. All jewelry, watches, necklaces, earrings, etc. must be removed before the start of play.
- 4. Field size:** 30 x 20 yards at Tuckahoe Family YMCA Upper Field.
- 5. Positions: 6 year olds will not use goalkeepers.** No player will handle the ball. Typical player formation is a diamond. **Players will not stand inside semi-circle in front of goal.** Note: Playing a set position is not critical to team success or player enjoyment.
- 6. Start of play:** To start a game, a quarter, and after a goal, the ball will be placed in the middle of the field. All games are coached officiated.
- 7. Restart:** When the ball goes out of play, the game is restarted by one of the following:
  1. Over the sidelines, a throw-in
  2. Over the end line,
  3. A goal kick if the attacking team last touched the ball. Ball is placed on the 6 yard line straight out from the spot where the ball went over the end line.
  4. A corner kick if the defending team last touched the ball.
- 8. Substitutions:** Substitutions may be made whenever play must be restarted.  
Ex. throw-in, corner, or goal kick.
- 9. Kicks:** All opposing players must be at least five yards from the ball on all free kicks, goal kicks, and corner kicks.
- 10. Fouls and Misconduct:** All fouls (tripping, pushing, handling the ball, etc.) result in an indirect free kick taken from the point of the foul. If the foul occurs within 5 yards of the goal, then the ball is moved to the 6 yard line, straight out from the point of the foul. For all indirect free kicks, a goal cannot be scored unless the ball has been touched by another player.
- 11. Heading** of the ball is prohibited and will result in an indirect free kick from spot of infraction

- 12. Slide Tackles** are strictly prohibited and will result in an indirect kick from spot of infraction.
- 13. Throw-ins:** The ball must start behind the players head with 2 hands on the ball and 2 feet on the ground. The player must follow thru after the throw. If a foul throw-in occurs, the coach explains the correct method and allows the throw-in to be retaken by the same player one more time. If the player makes a second foul throw the other team gets possession of the ball and must throw it in. This is an instructional rule, please use it to help the young ones learn.
- 14. Scoring:** Goals may be scored from anywhere. Goals may not be scored directly from a goal kick, free kick, or throw-in.
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***FIELD/SITE RULES:***

- No Dogs/pets allowed on the fields
- Please clean up all drinks and snack wrappers after each game
- Spectators are to remain on the sidelines at all times
- Use of abusive or inappropriate language is prohibited and will result in immediate dismissal out of site/field
- All spectator children are to be supervised by an adult of at-least 18 years-old.